

## Missouri County Level Study 2011 - Health & Preventive Practices for Missouri Residents

		Urban Core		Sub Urban		Large Rural Town		Small Town Rural	
Indicators		Number	Prevalence (%)	Number	Prevalence (%)	Number	Prevalence (%)	Number	Prevalence (%)
Fair or poor general health status		7,378	17.4	6,636	21.4	8,049	23.4	25,925	25.6
Activity limitation		7,377	21.9	6,621	25.7	8,023	25.6	25,930	28.4
No health-care coverage - Ages 18-64		5,201	23.2	4,195	20.9	4,878	23.6	14,897	27.5
Could not get needed medical care in past 12 months		7,384	8.8	6,638	8.5	8,053	9.4	25,998	9.2
	Did not get medical care because of cost or no insurance - among those who needed medical care but could not get it in the past 12 months	548	70.8	402	73.8	536	76.5	1,749	73.4
	Did not get medical care because of lack of transportation - among those who needed medical care but could not get it in the past 12 months	548	2.0	402	1.6	536	2.5	1,749	3.2

		Urban Core		Sub Urban		Large Rural Town		Small Town Rural	
	Did not get medical care because of other reasons - among those who needed medical care but could not get it in the past 12 months	548	27.2	402	24.6	536	21.0	1,749	23.3
High Blood Pressure		7,358	32.8	6,630	34.7	8,042	36.0	25,932	38.3
Ever had blood cholesterol checked - among age 35 and older		5,908	91.1	5,858	89.6	7,128	87.5	23,420	87.0
Has high cholesterol - among age 35 and older who have had cholesterol checked		5,440	43.0	5,286	48.1	6,428	45.6	21,084	48.4
Current asthma		7,356	10.6	6,616	9.5	8,031	9.7	25,880	9.8
Ever told had Cancer		7,387	9.1	6,652	9.4	8,057	9.2	26,001	10.2
Ever been told had COPD, emphysema or chronic bronchitis		7,371	6.7	6,626	8.9	8,035	9.3	25,913	10.8
Ever been told had Arthritis		7,375	27.4	6,635	28.4	8,048	30.3	25,959	35.1
Ever been told had a depressive disorder		7,379	20.5	6,637	20.2	8,049	22.2	25,948	20.9
Ever been told had kidney disease		7,382	2.5	6,639	2.2	8,048	2.8	25,965	2.8
Ever been told have vision impairment		7,343	18.1	6,595	16.4	8,005	18.9	25,818	20.9
Has diabetes		7,393	9.9	6,652	10.3	8,067	11.5	26,016	12.3
Overweight (25.0-29.9 BMI)		7,070	33.8	6,380	35.3	7,662	34.3	24,780	35.7
Obese (>30 BMI)		7,070	29.2	6,380	30.5	7,662	31.4	24,780	33.1
Current cigarette smoking		7,370	22.0	6,615	21.9	8,038	24.6	25,924	26.6
No leisure time physical activity		7,380	21.8	6,634	24.7	8,046	24.8	25,963	27.6
Use walking trails, parks, playgrounds or sports fields for physical activity		7,335	50.0	6,568	40.5	7,968	42.0	25,497	32.5
Have sidewalks in their neighborhood		7,370	70.8	6,638	33.4	8,039	35.0	25,956	30.7
Have roads and streets with shoulders or marked lanes for bicycling in their community		7,243	42.0	6,550	17.4	7,932	27.2	25,651	14.2

	Urban Core		Sub Urban		Large Rural Town		Small Town Rural	
Consider their neighborhood to be extremely or quite safe	7,303	76.6	6,565	87.4	7,949	83.3	25,669	85.2
Strongly agree or agree that it is easy to purchase healthy food in their neighborhood	7,303	84.7	6,529	79.1	7,912	81.9	25,534	76.9
Ate fruits and vegetables less than 5 times per day	7,357	86.9	6,618	89.1	8,019	87.0	25,921	88.1
Never had a mammogram - among women age 40 and older	3,530	8.4	3,410	10.2	4,310	11.5	14,378	13.6
No mammogram or clinical breast exam in last year among women age 40 and older	3,488	26.5	3,333	30.8	4,219	34.7	14,110	39.1
Never had a pap smear - among women age 18 and older	4,455	6.6	3,995	8.0	4,998	8.4	16,323	8.0
No pap smear in last 3 years - among women age 18 and older	4,395	22.6	3,928	28.1	4,903	30.6	16,060	33.3
Never had a blood stool test - Among men and women age 50 and older	4,320	65.9	4,418	65.5	5,594	65.7	19,074	66.2
No blood stool test in last year - among men and women age 50 and older	4,277	90.3	4,368	91.4	5,530	89.9	18,874	89.8
Never had a sigmoidoscopy or colonoscopy - among men and women age 50 and older	4,332	30.2	4,441	31.9	5,616	38.7	19,106	40.1
No sigmoidoscopy or colonoscopy in past 10 years	4,297	34.6	4,418	35.7	5,582	42.6	18,984	44.5
Most recent exam a colonoscopy	3,043	96.2	2,939	95.5	3,607	95.7	11,471	96.3

\* = Percents are not provided for indicators with less than 50 respondents.

Number=Number of Respondents.